

**HOW TO PREPARE FOR THE ESRA DIPLOMA**

**THE OXFORD ESRA DIPLOMA COURSE**

**TUESDAY 18<sup>TH</sup> AUGUST 2009**

**Course Organiser: Dr Mark Crowley** MBBS, BSc, FRCA, DESRA

This course is specifically aimed at helping anaesthetists prepare for the ESRA (European Society of Regional Anaesthesia) diploma examinations.

This is a one day intensive course for those sitting the ESRA diploma and is suitable for both part 1 (MCQ) and part 2 (Viva) candidates. It has been developed by NHS Consultant Regional Anaesthetists who are ESRA members and who have successfully passed both components of this examination.

Sit mock ESRA regional anaesthesia MCQ exams (containing some examples of past questions) and receive tuition and lectures covering topics relevant to the exam.

For those sitting part 2 of the Diploma come and have plenty of Mock Viva practice including ultrasound and live model practice suitable for part 2 of the ESRA diploma examination. This session will run in parallel to the MCQ session.

Numbers are limited.

**How much does it cost?** The course fee is £50 for this one day course.

**Where will it be held?**

NUFFIELD ORTHOPAEDIC CENTRE (NOC)  
WINDMILL ROAD  
HEADINGTON  
OXFORD  
OX3 7LD

**When? Tuesday 18<sup>th</sup> August 2009**

**How do I book a place?** Complete the online booking at our website

[www.oxsora.com](http://www.oxsora.com)

The course programme will cover all aspects relevant in regional anaesthesia to the ESRA diploma examination and practice sessions with feedback will cover both MCQ's and VIVA's with live models.

## THE OXFORD ESRA DIPLOMA COURSE

### Course Programme:

- 08:45-09:00** Registration and Coffee
- 09:00-09:20** ESRA Diploma Examination Overview
- 09:20-10:00** Equipment: Peripheral nerve stimulation, ultrasound, catheters and local anaesthetic agents
- 10:00-10:45** Live Block session: Watch several popular blocks performed live from theatres via a 2 way AV conference
- 10:45-11:00** Coffee Break
- 11:00-11:45** Upper limb blocks
- 11:45-12:30** Lower limb blocks
- 12:30-13:15** Neuro-axial blocks
- 13:15-14:00** Lunch

### Part 1 MCQ Exam Candidates:

- 14:00- 15:30** Mock ESRA Diploma MCQ Examination
- 15:30-15:45** Coffee Break
- 15:45-17:00** MCQ Results and feedback

### Part 2 Viva Exam Candidates:

- 14:00-15:30** Upper limb regional anaesthesia Viva's
- 15:30-15:45** Coffee Break
- 15:45-17:00** Lower limb regional anaesthesia Viva's

Certificates of attendance will be issued on the day along with a receipt of payment for study leave application.

.....

# THE OXFORD ESRA DIPLOMA COURSE

## THE OXFORD ESRA DIPLOMA COURSE

**Tuesday 18<sup>th</sup> August 2009**

### Course Booking Form

Please indicate which exam you are sitting

- ESRA Diploma Part 1 (MCQ)/Part 2 (VIVA) (please circle)

- Name.....

- Grade.....

- Current Trust.....

- Email.....

- Telephone number.....

- Home address.....

.....

.....

.....

Please attach a cheque payable to “The Oxford Regional Anaesthesia Group” for the sum of £50 and return to:

**Dr Mark Crowley  
Consultant Anaesthetist  
Nuffield department of Anaesthetics  
John Radcliffe Hospital  
Headley Way  
Headington  
Oxford  
OX3 9DU**

or book online at the [oxsora.com](http://oxsora.com) website. For more information please contact [markcrowley@oxsora.com](mailto:markcrowley@oxsora.com)